

# SSFN

Scottish Solution Focused Network

## HAPPY NEW YEAR and welcome to our first Newsletter of 2014.

**In this edition** we have news of our new Website, announced at the end of last year. We've added a section for you to [Blog](#) what you are saying, thinking and doing, and to share the success of you Solution Focused work. The first blog is by Claudia Van Zuiden, one of our members in the North-East of the country, with whom we are working to develop a charity to promote Solution Focused working in developing countries.

There's also news of the [next gathering](#). It's in Perth on the 28<sup>th</sup> of February. More details below.

There's also news of two [new publications](#) related to SF in nursing.

## Blogs

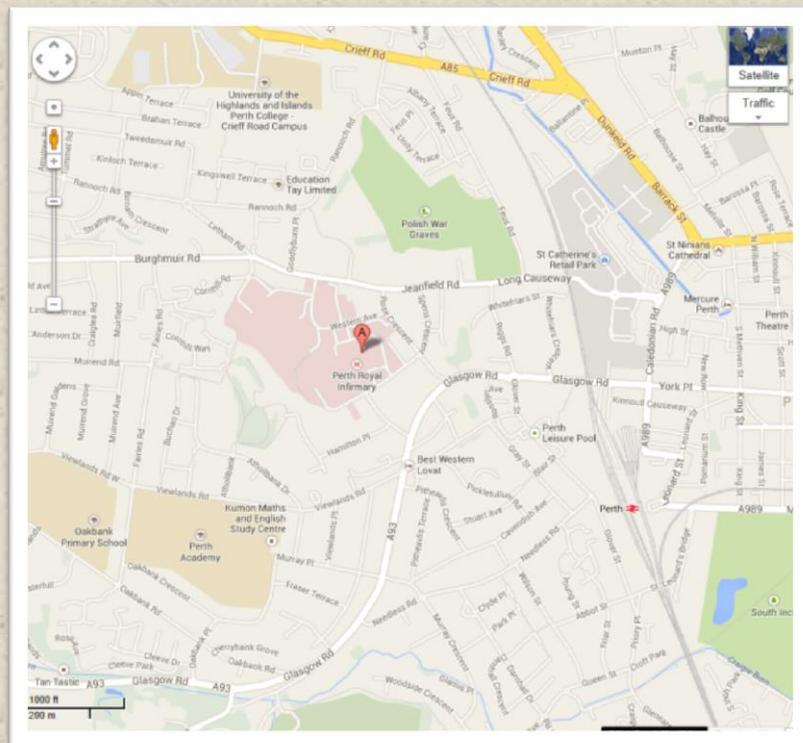
We would like to invite any SSFN members to post their blogs on the SSFN website. One of the key goals identified way back in the first gathering in 2012 was to establish a way for members to share their ideas and experiences; to create a true Network. Building on the new SSFN website launched in November last year, we've been working over the Christmas and New Year break to develop a way to make that happen, and we're now pleased to say that **it's here!** Members can send information on their blogs to either Steve Smith or Graham Buchanan and they will add the details and link to the SSFN website; it's that easy.

Our first blogger is Claudia Van Zuiden from Grampian. Many of you will remember that Claudia is working with the SSFN to develop a charity called Solutions without Borders, to promote Solution Focused working in developing countries. Claudia has already been working in Nepal to promote SF practice with a range of organisations. [See her blog on the website.](#)

## Next Gathering

The next gathering will be held on Friday, February 28<sup>th</sup>, at Perth Royal Infirmary. The event will be hosted by Tom Bulley, from NHS Tayside, and will be in the Reception Meeting Room at the Trust Offices on Taymount

Terrace, Perth. The agenda, as ever, will be co-constructed on the day, but may involve a presentation on key aspects of SF working, illustrated with clips from such SF movies as *Butch Cassidy and the Sundance Kid* and *The Sixth Sense*. Intrigued? See you on the 28<sup>th</sup>. Details of how to get to Perth Royal Infirmary [are on the website](#), and the day will run from 10:30 to 3:00. Tea and coffee will be provided (courtesy of Tom) and facilities are available for lunch.



# New Publications

If any SSFN members have published any new Solution Focused material recently, let us know and we'll share it with the rest of the Network.

Steve Smith and Pamela Kirkpatrick had a paper published in *Primary Health Care* last December. [The paper](#), which explores the benefits of Solution Focused working when engaging with people with long-term conditions, arguably extends the remit of SF nursing practice beyond the traditional mental health arena, and builds on a previous paper published by the SF practitioner group at Robert Gordon University in 2011.

Steve has also had a book chapter published in January. Continuing to develop the theme that Solution Focused practice is relevant across all nursing (and indeed healthcare practitioner) specialities, the chapter in [Competencies for Nursing Practice: A handbook for student nurses](#) edited by Reading and Webster is published on January 22<sup>nd</sup>.

# Networking

The aims of the **Scottish Solution Focused Network** are:

- To promote Solution Focused practice and thinking in Scotland
- To support Solution Focused practitioners in Scotland
- To engage with the Scottish Government's agenda in Scotland.

Help us do that. Let us know what you're thinking, saying and, most importantly, doing and we'll tell someone else! Also, share news from the SSFN with colleagues and friends; the more we tell people about What's Working in SF practice, the more widespread our way of thinking and working will become. You can contact us via [the website](#), or contact Steve Smith direct at [steve.smith@rgu.ac.uk](mailto:steve.smith@rgu.ac.uk).

